



# ***Mid-Week Manna***

*A Weekly Newsletter from the First Cumberland Presbyterian Church*

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**From Your Minister - Christian Smith**

*Wednesday,  
May 31, 2023*

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*“Likewise the Spirit helps us in our weakness, for we do not know how to pray as we ought, but that very Spirit intercedes with groanings too deep for words.” – Romans 8:26*

There is so much going on around us. There is so much happening in our church family. In the last week, we have experienced the pain that comes through loss. We expect that our church will experience loss again soon. We have members of our church who have surgeries scheduled over the coming weeks. We have members of our church making transitions to nursing homes. We have members of our church moving away. We have members of our church struggling with decisions and responsibilities.

We all struggle. Each of us have doubts and fears that we must face. Each of us have problems that we have to overcome. For some those problems may seem insignificant. For others, those same problems are life-altering. In those moments of struggle, as we face the pressures of life, sometimes it is hard to even know where to start our prayers.

In those moments, I am especially thankful for Pentecost and the gift of the Holy Spirit. The gifts of guidance, comfort, encouragement, power, peace, and hope that come through the presence of the Spirit in our lives are just the beginning. Romans 8:26 reminds us that when we don't know what to say in our prayers and pleas to God, the Spirit intercedes for us.

The Spirit knows the innermost desires and needs of our heart. We are all going to struggle and face problems in life. When those moments of struggle arrive, the Holy Spirit seeks to remind us that God is not far away. The Spirit seeks to remind us that God loves each of us deeply and wants us to have peace.

## **Joy Club Outing**

This next Tuesday, June 6<sup>th</sup>, the Joy Club will be enjoying a picnic lunch in Monterey at the Fournet House. We will take the bus so 13 can ride. You are welcome to drive up or carpool. Meet at the church at 11:15am. Bring a \$10 gift (or a hand-me-down gift) for a white elephant swap. Lunch will be provided.



The address is 310 West Cleveland Ave. Monterey, TN 38574. There are a few steps (3) to be negotiated. If there is need of a wheelchair ramp, we will try to accommodate. Lunch will be served indoors but you can choose to eat inside or out. We should be back to the church around 2:30. Please RSVP for the trip by calling Sandra in the church office, using the sign-up sheet on the narthex table or by using the following link:

<https://www.signupgenius.com/go/10C0F4EA5AA28A4FDC25-joyclub1>

First Cumberland Presbyterian Church  
565 E. 10th Street - Cookeville, TN 38501

931-526-6585  
www.cookevillecpchurch.org

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## Sunday Worship Information

Sunday, June 4th will be Trinity Sunday. The chancel color will be white. Our scripture for the day will be Matthew 28:16-20. Rev. Katie Ory will be delivering the sermon. We hope that you will plan to join us at 8:45 or 11:00am when we will worship God together and celebrate the Sacrament of Holy Communion.



### Last Day for Soul Sisters Diaper Challenge

The Soul Sisters Circle is collecting diapers for local non-profits during the month of May. For every pack of diapers that the congregation donates, Soul Sisters will match donations, up to 50 packs. A collection box is available in the Fellowship Hall. Today is the final day for donations of diapers.

### This Week In the Church

<b>Wednesday</b>	10:00am CPNS devotion	<b>Sunday</b>	8:45am Worship Service
	5:00pm Beginner Handbells		9:50am Sunday School
	6:00pm Youth activities		11:00am Worship Service
<b>Thursday</b>	8:30am Coffee & Conversation (online)		5:30pm Sanctuary Choir rehearsal
			6:30pm Youth activities
		<b>Tuesday</b>	1:00pm Community Assistance

### HANDBELL ALUMNI!



Are you a former "Handbell Ringer"? If so, we would love to have you return and ring with us. We are planning on a Kickoff/Welcome Back Luncheon on August 12<sup>th</sup> at 11:30am in the Fellowship Hall for new and returning ringers. Afterwards, we will get organized and plan for the coming church year. Our first rehearsal will be August 17<sup>th</sup> at 5:30pm (beginners at 4:30). We hope you will be able to join us for all events. Please let Lynn England (lynnwengland@yahoo.com or 931-743-2245) or Sandra Robbins know that you would like to attend and if you would prefer to play certain bells.

### Do You Have a Song Request?

There are cards available on the narthex table for you to note those songs you would like to have included in the church services here at First Cumberland Presbyterian Church. These songs do not have to be limited to those in our hymnal, but can be old-time gospel hymns or contemporary songs performed on the Christian music scene. Please let us know what your hymn/song preferences are and we will work to incorporate those into worship.



Each week our services are broadcast online for those who are unable to join us in person. Our services are streamed live at 8:45am every Sunday. Those services remain online and can be watched at any time. There are two ways to view our service online:

Facebook- <http://www.facebook.com/cookevillecpc/>  
YouTube- <https://www.youtube.com/c/CookevilleCPChurch>



**ONE HEART ONE MIND**

**JULY 15**  
**9:00AM-3:30PM**  
**BETHEL UNIVERSITY**

**WHO: CHILDREN K-6TH GRADE**  
**COST: \$40 BEFORE JUNE 12, \$50 AFTER**  
**LODGING IS AVAILABLE FOR AN ADDITIONAL \$20**

**2023**

**PARTICIPANTS WILL LEARN ABOUT THE DAY OF PENTECOST AND THE COMMUNITY OF NEW BELIEVERS THROUGH WORSHIP, STUDY, AND PLAY.**

FOR MORE INFORMATION: JODI RUSH  
 JHR@CUMBERLAND.ORG  
 CPCMC.ORG/CHILDRENFEST



**THE COMMUNITY OF BELIEVERS WAS ONE IN HEART AND MIND. - ACTS 4: 32**

Contact Caleb if you would like to enroll your child(ren) in this event or would like more information about activities associated with the event.



**ONLINE BIBLE STUDY**

Please join us for our Coffee and Conversation Bible Study Series. These studies take place on Facebook at 8:30am on Tuesdays and Thursdays. If you cannot join us live, you are welcome to watch them any time. For this study, Christian is leading us through the book of Acts.

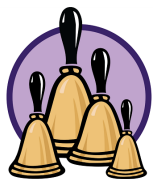


## Birthday Cards Requested!

Amy Gentry will be celebrating her 90<sup>th</sup> birthday on June 3<sup>rd</sup> and we would like you to join in the celebration by sending her birthday cards. You may use one of the following addresses: 996 Briarwood Drive, 38501 or 1258 Belmont Drive, 38506. By the way, this is a surprise event for Amy so keep it hush-hush!



## Beginner Handbells Class



HANDBELL CLASSES

If you have an interest in learning to play handbells but have no experience in reading music we have just the thing for you! Our Handbell Director, Lynn England, has an extensive background in music education and lots of experience and patience to go with it. He is offering a class for beginners on Wednesdays at 5pm in the Pathfinders Sunday School classroom. You can enter downstairs at the back of the church building. Questions may be directed to Lynn at 931-743-2245 or [lynnwengland@yahoo.com](mailto:lynnwengland@yahoo.com). Anyone interested in ringing bells is invited to attend! Just show up!

## Love-Joy Circle Continues to Collect “Hope Scarves”

The mission of **Hope Scarves** is to share scarves, stories & hope with women facing cancer. In order to meet the increasing interest in Hope Scarves we need to collect many scarves and stories to fulfill the requests. Ideally each scarf comes with a story from someone who has faced cancer. However, we have many stories donated that do not have scarves so we pair a donated community scarf with that story to begin its journey as a Hope Scarf. Scarf & Story drives are an important part of our ability to fulfill our mission. Please bring your unused scarves by the church office or see Nancy Miller with your donations.



*The church expresses condolences to the family of Ron Hensley, Georgia Hensley’s husband. Ron passed away on Thursday of last week. Please remember Georgia and the family in your prayers as they go through this difficult time in their lives.*

**Individuals:** the family of Ron Hensley; James Maggart (surgery); Eldridge Eads (Hospice); Wanda McCaskey (home); Ella Haynes (Bailey Manor); Dorothy Nichols; Jeff Comer (brain tumor); Georgia Hensley (Bethesda); Amelia Kate Moore (premature daughter of Liz & Ryan Moore); Rand & Allison McDonald; James Lacy (Signature Healthcare); Reagan Bacgi (tumor); Jim Baggett (surgery); Ramona Tilghman (broken hip); Kathy Hilton (broken ankle); Jim Gray, Sr.; Kim Daniels (cancer); Jewel Cannon; Cody Liddle (boating accident); Sherrie Smith; Don Holloway; Cindy Furcean.



**Cancer Treatment:** Ginger Tevault (Julie Stepp’s mother - chemo); Susie Hyder (Evelyn’s daughter - breast cancer; brain tumor surgery); Steven Middleton; Kendall Fogleman (3-yr-old with leukemia - Christy Huddleston’s great-niece).

**Assisted Living:** Lynn Dunham (Signature Healthcare); Jo Gentry (Charter Senior Living); Ruth Sapp (Heritage Pointe); Dave & Jackie Van der Cook (Charter Senior Living).

